

Boladale Gold, MA, LCPC

Clinician · Author · Speaker · Founder

Boladale Gold is a Licensed Clinical Professional Counselor, author, speaker, and the founder of Divine Touch Therapeutic Counseling & Mentoring Services, LLC and Moving Beyond My Brokenness International. She brings clinical insight and faith to the same table, helping individuals, couples, and families understand what hurt them, reclaim who they are, and move forward toward wholeness.



Biography

Boladale Gold, MA, LCPC, is a Licensed Clinical Professional Counselor, author, speaker, and faith-centered healing voice whose work lives at the intersection of psychology, lived experience, and faith.

She earned a Bachelor of Arts in Sociology and a Master of Arts in Counseling Psychology from Bowie State University, and is a lifetime member of the Alpha Chi Honor Society. Her clinical journey began with adolescents in residential treatment, where she saw firsthand how a parent's untreated pain can feed a child's, and how healing in one generation can open the door for the next.

In 2018 she founded Divine Touch Therapeutic Counseling & Mentoring Services, LLC in Glen Burnie, Maryland, offering individual, couples, and family therapy for trauma, anxiety, mood, relationship challenges, and work-related stress. She also founded Moving Beyond My Brokenness International, a faith-centered ministry that hosts free weekly livestreams on YouTube, Facebook, and TikTok.

Boladale is the author of *Moving Beyond My Brokenness: Lessons on Becoming Whole*, *Anchoring the Storm*, *The Gold Costume Clue*, and the coloring book *Gentle Days*. She is a devoted wife to Hon. Ademola K. Okelanfa and a devoted mother of four and stepmother of two.

"Our next speaker is a licensed clinical professional counselor, an author of four books, and the founder of both Divine Touch Therapeutic Counseling and Moving Beyond My Brokenness International. For more than fifteen years she has walked with individuals, couples, and families through anxiety, depression, relationship struggles, and trauma, bringing clinical insight and faith to the same table. Please join me in welcoming Boladale Gold."

Fast facts

CREDENTIALS

MA, Counseling Psychology ·
Licensed Clinical Professional
Counselor (LCPC)

EDUCATION

Bowie State University · Lifetime
member, Alpha Chi Honor Society

CLINICAL WORK

Individual, couples, and family
therapy

PRACTICE

Founder & Clinical Director, Divine
Touch Therapeutic Counseling &
Mentoring Services, LLC (est. 2018)

MINISTRY

Founder, Moving Beyond My
Brokenness International · Weekly
Thursday livestreams

BOOKS

Four titles, available on Amazon

BASED IN

Glen Burnie, Maryland · Available in
person and virtually

BOOKING & PRESS

admin@dttcams.com
410-696-3335
boladalegold.com

Signature topics

Moving Beyond My Brokenness

A compassionate roadmap for understanding pain, releasing shame, and rebuilding a life no longer controlled by what happened.

Anchoring the Storm

How parents of teens with anxiety and depression can understand what their child faces, steady themselves first, and stay connected.

Parenting From Wholeness

How untreated parental pain affects children, and how healing one generation can transform those that follow.

When Your Teen Says “I’m Fine”

The hidden signs of teen anxiety and depression, and the words that open doors instead of closing them.

A Sound Mind in a Broken World

A bridge between faith communities and mental-health care that confronts stigma without dismissing conviction.

Caring for the Caregiver

Compassion fatigue, burnout, and renewal for parents, ministry leaders, and helping professionals.

Better or Bitter: Healing Together in Marriage

Every hard season leaves a relationship better or bitter. Clinically grounded, faith-centered tools, including “The Exchange,” for couples choosing to understand what is broken and rebuild it together.

Formats

- **Keynote** · 30–60 minutes
- **Workshop or breakout** · 60–90 minutes
- **Parent training series** · multi-session, built on the 8-module *Anchoring the Storm* program
- **Panel or fireside chat**
- **Media interview** · podcast, radio, livestream, print

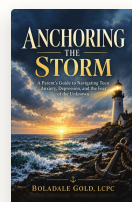
Audiences

- Churches, women’s ministries, faith conferences
- Marriage, couples, and family ministries
- Parent groups, schools, youth organizations
- Community and nonprofit organizations
- Professional and mental-health audiences

Suggested interview questions

1. What did working with teenagers in residential treatment teach you about families?
2. How can parents tell a hard season from something that needs professional help?
3. Why do so many faith communities still struggle to talk about mental health?
4. What does it mean to “move beyond” what broke you?
5. What is the one thing you wish every exhausted parent knew?

Books



Invite Boladale to your event

Send your date, audience, topic, and format. The office will follow up to plan the details.

admin@dttcams.com

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